



Camden Haven Community at 3 Inc. ABN 79 652 261 007

A helping hand for those in need in our community

"By this everyone will know that you are my disciples, if you love one another." (John 13:35)

**Edition
18
May
2022**

YOUR NEWSLETTER

Need help? Call Alan (0412-840644) or Theo (0419-370076) or at Comboyne call Ray (0427-117950)

We meet every Wednesday at 3.00pm for a FREE BBQ meal at the rear of Laurieton United Services Club, 2 Seymour St Laurieton – all are welcome

2 Mission Terrace, Lakewood NSW 2443 PO Box 103, Laurieton NSW 2443 [✉ communityat3pm@gmail.com](mailto:communityat3pm@gmail.com)

📞 0419-370076 [🌐 www.communityat3.org.au](http://www.communityat3.org.au) **facebook** <https://www.facebook.com/communityat3/>

Committee Members: Theo Hazelgrove (Chairman), Alan Kilminster, Fran Burns, Glenn Maas, Hima Karnati, Ann Macinante, Brian Giles-Browne, Ray Peters (Assistant Chaplain), Cec Wasson, Nathan Killick (Public Officer and Chaplain), Dr Sam Nelapati (Patron)

We acknowledge and pay our respects to the traditional custodians, the Biripi People, and elders past and present, on whose land we walk, work and live.



NOTE FROM FRAN — COMMUNITY AT 3 HOSPITALITY COORDINATOR

I have lived in the beautiful Camden Haven for the past 23 years and joined Community at 3 in November 2016 after reading about it in the local paper. It sounded like something I would enjoy. I love helping people. I have had various positions in my lifetime: a mother to 4 children; Health Care, Hospitality Clerical then 15 years in aged care in Hostel settings and Dementia Units. Three years ago, I was asked to nominate for the position of Coordinator of the weekly BBQ - a very daunting thought, but I accepted - Community at 3 has a fabulous committee and volunteers who make it a very joyful joband lastly our wonderful guests who are so happy to see us each week. I love being involved with Community at 3.

15 COMMUNITY SUPPORTED "WINTER PACKS"

Winter is often a difficult time for those who have nowhere to call home and without much financial support. Community at 3 is creating 15 "Winter Packs" to give people a little comfort and hope this year. We are asking the community for donations of gloves, pillows, pillowcases, blankets, sheets, scarfs, thermoses, wet weather clothes and hot water bottles. If you are able, can you please drop "Winter Pack" donation items at the **Kew Corner Store** or at the office of

Peggy Landon – Osteopath, Kew.

Alternatively, phone any of the numbers above and we will collect the items. Donations by the end of May please.



(Staffan - Kew Corner Store with Theo)



During recent heavy rains we always ensured that food would be delivered to those in need.

FINDING HOMES

It is very satisfying, when we deal with so many people who are homeless, to see them find a more permanent place to call home. We recently saw these people whom we have assisted in various ways, do just that...

- ✓ We were able to source a new wheelchair for **Josiah** and he and **Kerry** are now settled in a home in Tuncurry.
- ✓ **Shane** too has found a home - in Kempsey.



Here is our newest Volunteer, **Gus**



He was a great help setting up and packing up during the school holidays. Thanks for all your help **Gus**.

Another homelessness win!

Amongst the many others we have helped move from sleeping in their cars to finding a stable home, was 28 year old **Peter**. Firstly, he told us he had not seen his family for 9 years. With **Peter's** ok, Theo facilitated reconciliation, and **Peter** is now back with his family, who met him at Newcastle train station last Friday. A great outcome.



- ✓ Did you know that sharks can sense a drop of blood from 4km away.
- ✓ Did you know that there are more than 50 different kinds of kangaroos.
- ✓ Did you know that gorillas can't swim.
- ✓ Did you know that the latest available Australian national statistics on domestic violence are these.....

Community at 3 is here to help where we can.



"HOMELESSNESS" A donation from SleepSafe



ACTION AGAINST HOMELESSNESS

SleepSafe is a non-profit initiative by **Sheridan**, the well-known linen company, and **StreetSmart**, a charity raising much needed funds to help support those without a safe and secure place to call home. **StreetSmart**



kindly donated to **Community at 3** more than 300 new single sheets and 300 new towels.

Photo is Volunteer Yvonne unpacking the new sheets & towels



SHERIDAN
EST. 1967

PAYING IT FORWARD



Last year one of our Volunteers, June, gave her mobility scooter to John, who subsequently had his hip replacement operation. John now finds himself more mobile. He has made numerous improvements to the scooter and now feels he can give it back to **Community at 3** for another person to use until they too are able to hand it back to us, and on it goes. That's called "paying it forward".

Thank you John.

FOOD FOR A WEEK FOR JUST \$60!

From our experience over the past 5 years, we estimate that there will be over 100 families requiring food assistance in the Camden Haven this winter. Donations of food, or money (which is tax-deductible), can be made at the **Kew Corner Store**. All non-perishable food is suitable. We can provide food for a week for a family in need for \$60. (Photo: Theo, Staffan & Lachie)



ONE OF THE FIRST OF OUR VOLUNTEERS

When Community at 3 first began, in 2016, Graham Lee placed an ad in the local paper calling for volunteers. **Pat Legge** (pictured) was one of the first to contact Graham and say yes. **Pat** became the first Treasurer of Community at 3 and remains a reliable and hardworking volunteer, who, along with many of the other volunteers, always brings a contribution to the food for every weekly BBQ gathering, or whenever food is requested. **Pat** arrived in the Camden Haven in 1979 and has always played a role volunteering in so many local organisations, especially those where her children were involved: on the school P&C Mother's Club, Preschool helper, as an adult supervising leader in Scouts and Girl Guides, helping behind the scenes at Little Athletics, Netball, Soccer and a very active member of the Johns River Community of Christ Church. **Pat** spent 20 years volunteer driving for Hastings MacLeay Volunteer Transport, was part of Hastings Refugee Resettlement Committee in the 1980s and during 1983-90 was a representative in the Port Macquarie-Hastings area for Camp Quality.

Pat has also been more lately an assistant at the Port Macquarie Community College in the English as a Second language faculty and a continuous member of the local Quota Club since 1987, of which Club she is the current treasurer. When asked why she continues to serve as a volunteer after so many years, **Pat** said, "Serving others in my community comes out of my Christian upbringing." Thank you **Pat** for always being available. We love you.



Together in Community
Glenn Maas, Secretary

"Dear God, I have a problem - it's me"