

Camden Haven Community at 3 Inc. ABN 79 652 261 007

A helping hand for those in need in our community

"..Whatever you did for one of the least of these brothers and sisters of mine, you did for me." (Jesus – Matthew 25:40)

<p>Edition 22 September 2022</p>	<h2>YOUR NEWSLETTER</h2> <p>Need help? Call Alan (0412-840644) or Theo (0419-370076) or at Comboyne call Ray (0427-117950) We meet every Wednesday at 3.00pm for a FREE MEAL at the rear of Laurieton United Services Club, 2 Seymour St Laurieton – all are welcome</p>
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☎ 0419-370076 🌐 communityat3.org.au 📘 <https://www.facebook.com/communityat3/>

Committee Members: Theo Hazelgrove (Chairman), Alan Kilminster, Fran Burns, Glenn Maas, Hima Karnati, Ann Macinante, Brian Giles-Browne, Ray Peters (Assistant Chaplain), Cec Wasson, Nathan Killick (Public Officer and Chaplain), Dr Sam Nelapati (Patron)

We acknowledge and pay our respects to the original custodians, the Biripi People, and elders past and present, on whose land we walk, work and live.



INTRODUCING FRANK — COMMUNITY AT 3 ASSISTANT TREASURER

I moved to Laurieton from Sydney in 2017. About 2 years ago I was in a dark space and one day I walked up to the Community at 3 BBQ and said that I would like to volunteer (as I had been a volunteer in the SES and Meals-On-Wheels for a long time in Sydney). I was met by Gerard on that day who accepted me with open arms and who even gave me a hand-written name tag on that day (I still have that name tag even today). I immediately felt welcomed. Little by little, I got to know all the volunteers and guests by their names (although some of you might disagree). I help wherever I can, like setting up the tables and helping with the meals until about a fortnight ago when my sciatic nerves decided to play up. I now can only do light duties as my back allows me. By the time you read this, I will be on a holiday in Asia to get rid of my "winter blues". I am deeply touched by all the volunteers and guests wishing me a good and safe trip. It means a lot to me knowing that I belong there and that I am accepted as I am. Keep yourselves safe and enjoy the companionship of the Community at 3.



UPDATE ON CRISIS & SHORT-TERM ACCOMMODATION FACILITY

To further pursue the obtaining of the property we have identified as most suitable for such a facility in the Camden Haven, we are required to submit a Rezoning Proposal. We have had many meetings and discussions with Council and others and are presently drafting such a proposal to submit as soon as possible. We are told that this is both a lengthy procedure and an expensive one, however, as we are limited in our property options, and we have a very cooperative Owner of the property, we must simply proceed as we should. Although we are some considerable time away from being able to assist those many in need of emergency accommodation and care, we have been overwhelmed by the immense community support to build and run the facility once operative.

THANK YOU to all those who know of our plans and are waiting to provide the practical assistance we will need into the future. We will update you again once we have something to report.

CHECK OUT OUR UPDATED WEBSITE - communityat3.org.au



Ray gets a cut at Church.

Congratulations

Casey on your hairdressing accreditation. Wishing you great success and happiness in your new career.



Former regular, **John**, is now settled in a permanent home in Port Macquarie and seems very happy. All the best John.



A successful seminar was run recently by **Liberty**, Port Macquarie at the Laurieton United Services Club for all Leaders & Volunteers to understand aspects of Domestic Violence. Pictured are **Brooke**, Community Programs Manager at Liberty, together with **Lesla**, the head of **Community at 3** Domestic & Family Care.



- ✓ Did you know that the average cow produces 40 glasses of milk a day?
- ✓ Did you know that a blue whale can weigh as much as 30 elephants?
- ✓ Did you know that there are over 7,000 different types of apples?
- ✓ Did you know that **Community at 3** does not operate alone in assisting those in need in the Camden Haven. We partner with all and any organisation which has the ability to bring something of value to the people who come to us for any need whatsoever.

One of our absolutely delightful regulars at our meal together every Wednesday, is **Raelene**.

Here she is with yet more things to share.

This time it was gorgeous home-grown stock flowers.



Community at 3 recently appeared in Court on behalf of a young man advocating successfully for a community service order instead of a custodial sentence.

With some love and wise counselling from **Theo**, it is hoped he will redirect his life for the better.



Flo is a lady with a big heart for those doing it tough and a great supporter of **Community at 3**.

Thank you Flo, so very much.

What else have we been doing recently?

- ✓ Assisting a family receive approval for their father to be admitted to a local Nursing Home. They had previously been unsuccessful.
- ✓ Assisted a family reunite with extended family members after more than 20 years apart and with no contact whatsoever.
- ✓ Intervened for a tenant in financial difficulty by speaking with the Landlord who showed compassion regarding rent arrears and arriving at an amicable solution.

ANOTHER OF OUR WONDERFUL BUSINESS SUPPORTERS



Local Lorne Valley organic farming family, **SOHIP ORGANICS**, has offered to provide us with their excess produce to support those in need whom **Community at 3** serves, both at our weekly BBQ meal and also throughout

the week. They support us, so if you can, please support them.

Call them on 0407382784 or view their website at www.sohiporganics.com.au



A WAY TO SUPPORT COMMUNITY at 3

We receive regular donations of money from the local community to enable us to continue doing what we are doing – and even more. Some, who are on a very limited income, give regularly whatever they can afford. Others, who are better off financially, also give what they can. No one involved with Community at 3 receives any payment beyond reimbursement for money spent by them on our behalf. We are therefore able to say 100% of all donations are applied solely towards the purposes of this Charity.

We would like to acknowledge one significant donation – from a businessman operating in the Manning Valley. **RAY STACK**, Director of **STACKS FINANCE TAREE**, made a substantial donation recently. When **RAY** heard of our plans to establish a Crisis & Short-Term Accommodation facility, he made the donation primarily towards that project, but said we could use the funds for any other purpose of Community at 3.

Many thanks **RAY** from the Committee and all those in any way connected to Community at 3.

If **YOU** would like to donate any amount whatsoever, be it large or small, you can directly deposit into our account. All donations are tax-deductible.



THANKS AGAIN RAY

OUR ACCOUNT DETAILS

Bank: Regional Bank

BSB: 932-000

Account: 500187503

If you wish a tax-deductible receipt please email us at the above email address

THANK YOU

