

Camden Haven Community at 3 Inc. ABN 79 652 261 007

A helping hand for those in need in our community

"..Whatever you did for one of the least of these brothers and sisters of mine, you did for me." (Jesus – Matthew 25:40)

Edition
32
July
2023

YOUR NEWSLETTER

Need help? Call Alan (0412-840644) or Theo (0419-370076) or at Comboyne call Ray (0427-117950)
We meet every Wednesday at 3.00pm for a FREE MEAL at the rear of
Laurieton United Services Club, 2 Seymour St Laurieton – all are welcome

2 Mission Terrace, Lakewood NSW 2443 PO Box 103, Laurieton NSW 2443 ✉ communityat3pm@gmail.com

☎ 0419-370076 🌐 communityat3.org.au 📘 <https://www.facebook.com/communityat3/>

Committee Members: Theo Hazelgrove (Chairman), Alan Kilminster, Fran Burns, Glenn Maas, Hima Karnati, Ann Macinante, Cec Wasson, Brian Giles-Browne, Ray Peters, Lesa Sutherland, Philip Sutherland, Nathan Killick (Public Officer & Chaplain), Dr Sam Nelapati (Patron)

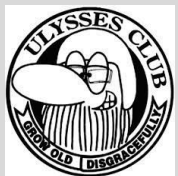
We acknowledge and pay our respects to the original custodians, the Biripi People, and elders past and present, on whose land we walk, work and live.



MESSAGE FROM STAFFAN, KEW CORNER STORE...

It's an absolute privilege to be in a position where we are able to continue our partnership with the Community at 3, and it is an honour to be part of such a great team of Volunteers that always strive to make a difference to a lot of people out there in our Community.

LEARNE'S STORY - in her own words "...I first came to the **Community at 3** BBQ in about 2020 as my cousin Bill was a regular. I was suffering several health issues including chest infection from the mould where I was living in Albert St., North Haven. In March 2021 the huge floods inundated my home up to my knees. My dear dog Azzie and I were rescued by boat. I lost so many of my belongings, so I went to live with my son at Bonny Hills. One month later I was diagnosed with stage 4 Follicular lymphoma from which I am currently in remission after 18 months of immunotherapy (not enjoyable). I suffer various other health issues including a low white blood cell count. After living with my 2 sons for 6 months at a time in Brisbane, I returned to the area and stayed with a friend for another 6 months, where Azzie was welcome. I reconnected again with **Community at 3** and there met with two ladies who were so supportive of my need for accommodation: **Michelle** from the **Dept of Housing** and **Jayne** from **New Horizons**. Both worked hard to eventually find me a permanent home in Laurieton – OUT OF THE FLOOD ZONE! I thank them so much. I love all of the people at **Community at 3**. **Alan** has been a big help, especially delivering food to me and many others all during Covid. The ladies there are always so nice. For me, it's a happy place..."



ULYSSES MOTORCYCLE CLUB PORT MACQUARIE

We continue to receive support from a wide variety of places. The local **ULYSSES** Motorcycle Club has shown their support of

Community at 3 with a recent donation.

Ulysses Motorcycle Club members

Dij, Phil (President), Brenda & Frank on a recent visit to our weekly BBQ meal



OZHARVEST KEEN TO CONTINUE SUPPORT

OZHARVEST NSW Manager, **Nicki**, had a chat with our Chairman **Theo** recently and indicated that OZHARVEST, Australia's leading food rescue organisation, was keen to continue its magnificent support of our charity.

They collect good quality surplus food from a network of donors including cafes, delis, supermarkets, hotels, airlines and restaurants, then deliver

delicious, nutritious food directly to **Community at 3** at Laurieton, and to other charities nationally, and all free of charge.



Nicki with local OZHARVEST driver Richard

THANK YOU OZHARVEST



“INTERNATIONAL” SUPPORT

Heshan (from Sri Lanka) and **Varsha** (from India) are both sponsored employees of the **Laurieton United Services Club**.

In their spare time, both have offered to contribute an Indian and a Sri Lankan dish towards the food available at our weekly free meal. Thank you so much for your generosity in wanting to be a part of the help which **Community at 3** offers to those in need in the Camden Haven.



WORKING TOGETHER

Our newest Volunteer, **Craig**, has finished on the BBQ for the day, and is now enjoying

washing up with long-term Volunteer **Antonia**.

Thank you guys for both for helping out.



“BIG TONY” STEPS OUT IN STYLE

Here is **Tony** all decked out in clothes he loves to make himself, together with Volunteers **Fran** (Hospitality Coordinator), **Anne** (Assistant BBQ Manager) and **Frank** (Assistant Treasurer)

(Fran, Tony, Anne & Frank)

In memory of David

An Outstanding Volunteer
Lost to us in January 2020
Always remembered by
Community at 3 and the
Laurieton United Services Club

“Fairhill Gold” shrub situated at the rear of the Club in memory of a dedicated Volunteer lost to us too early. We remember you David.

PLAQUE

This is the plaque which the **Laurieton United Services Club** arranged for the rock next to the



SOME OF THE MANY PEOPLE WE HELPED IN JUNE

- ✓ Another case of an elderly couple on benefits, husband died suddenly, widow (with health issues) evicted due to inability to pay rent. With her permission, we contacted her long-estranged family and, as with others before, we were able to reunite her with her family. Transport to the Newcastle area was also organised. So many separated families can reunite if only someone cares enough to intervene.
- ✓ **Community at 3** continues to provide transport each week for those otherwise unable to travel to our free BBQ meal behind LUSC every Wednesday. We always have room for one more. Just let us know.
- ✓ Two men and one woman were assisted by **Community at 3** in finding employment during the month of June.
- ✓ 15 people were assisted with food support by **Community at 3**.
- ✓ 36 people were supported with general advice and assistance.
- ✓ One family, grieving because of a sudden death, was given support.
- ✓ 3 people facing terminal illness were supported by **Community at 3** with loving care. Sometimes all someone needs to know is that people care – a phone call, a cup of coffee or a short visit can be enough.

UPDATE ON A CASE

Some may recall a story regarding a young woman, Jayde, (mentioned in 2022 Newsletters #15-17) whose parents were charged with the murder of their 8yo daughter Elizabeth, Jayde’s sister, and Jayde obtained custody of her remaining 5 younger siblings. **Community at 3** was involved in assisting her & keeps in touch. Well, 18 months later they are doing well, having acquired a new motor vehicle big enough for all of them, and a new home in a new location. God bless them. Our thanks go out to all who were involved in assisting Jayde and her siblings.



“Be kind to unkind people. They need it the most.”



Together in Community
Glenn Maas, Secretary



Should you wish to make a donation....

our bank details are..

BSB: 932-000 **Account No:** 500 187 503

(Please advise email address if tax deductible receipt required)....alternatively you can go online and donate via **PayPal** or by **Direct Deposit**

<https://communityat3.org.au/donate/>

..or use QR code

