

**Camden Haven Community at 3 Inc. ABN 79 652 261 007**

**A helping hand for those in need in our community**

"..Whatever you did for one of the least of these brothers and sisters of mine, you did for me." (Jesus – Matthew 25:40)

<p>Edition  <b>34</b>          September  <b>2023</b></p>	<p><b>YOUR NEWSLETTER</b></p> <p>Need help? Call Alan (0412-840644) or Theo (0419-370076) or at Comboyne call Ray (0427-117950)          We meet every Wednesday at 3.00pm for a FREE MEAL at the rear of          Laurieton United Services Club, 2 Seymour St Laurieton – all are welcome</p>
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2 Mission Terrace, Lakewood NSW 2443 PO Box 103, Laurieton NSW 2443 ✉ [communityat3pm@gmail.com](mailto:communityat3pm@gmail.com)

☎ 0419-370076 🌐 [communityat3.org.au](http://communityat3.org.au) 📘 <https://www.facebook.com/communityat3/>

**Committee Members:** Theo Hazelgrove (Chairman), Alan Kilminster, Fran Burns, Glenn Maas, Hima Karnati, Ann Macinante, Cec Wasson, Brian Giles-Browne, Ray Peters, Lesa Sutherland, Philip Sutherland, Nathan Killick (Public Officer & Chaplain), Dr Sam Nelapati (Patron)

We acknowledge and pay our respects to the original custodians, the Biripi People, and elders past and present, on whose land we walk, work and live.

↓ **TWO SPECIAL (UNRELATED) EVENTS ON SUNDAY 10 SEPTEMBER** ↓



WALK FOR SUICIDE PREVENTION AND AWARENESS

**OUT OF THE SHADOWS**

World Suicide Prevention Day  
 Sunday, 10th September 2023  
 Town Beach, Port Macquarie, 5.30am

Join us at sunrise on World Suicide Prevention Day to honour those lost to suicide and to bring their memory into the light, removing the stigma around suicide.

Register today at Eventbrite using the QR code below.  
 Meet near Salty Crew Kiosk for a time of reflection and walk with others to the amphitheatre to watch the sunrise and participate in a short memorial service.

Lifeline Mid Coast | 02 6581 2800 | [lifelinemidcoast.org.au](http://lifelinemidcoast.org.au)

LAURIETON VINTAGE MOTOR CLUB PROUDLY PRESENTS

**SHOW & SHINE**






LAURIETON UNITED SERVICES CLUB  
 2 SEYMOUR STREET, LAURIETON 2444

**DOORS OPEN AT: 10A.M**  
**RAFFLES • SHANNONS ON SITE • BARBECUE**  
 ENQUIRIES: FACEBOOK – LAURIETON VINTAGE MOTOR CLUB

GOLD COIN DONATION

SUNDAY 10 SEPTEMBER

**REGISTER TODAY USING THE ABOVE QR CODE**

**ALL GOLD COIN ENTRY FEE DONATIONS GO TO COMMUNITY AT 3**

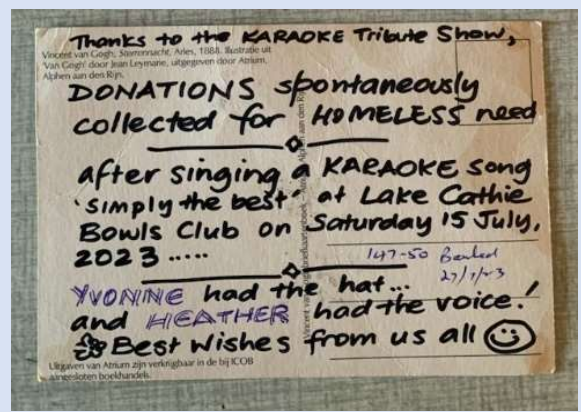
## URGENTLY REQUIRED

We are looking for a  
**2-door upright fridge**  
If you can assist, please phone  
**Theo 0419-370076**



## CLUB LAKE CATHIE KAROAKE NIGHT

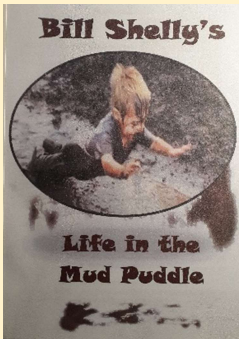
Right is a copy of a card we received recently from Heather who was singing at a Club Lake Cathie Karaoke Friday Night, when, spontaneously, those present decided to pass the hat around for the "Homeless need".



It was decided that the money collected would be donated to **Community at 3**, as they knew we were are trying to obtain a local property for transitional accommodation to assist the homeless in the Camden Haven area. What a lovely surprise that was for us. **THANK YOU** Karaoke singers/dancers and especially **Heather** – "You're simply the Best"!

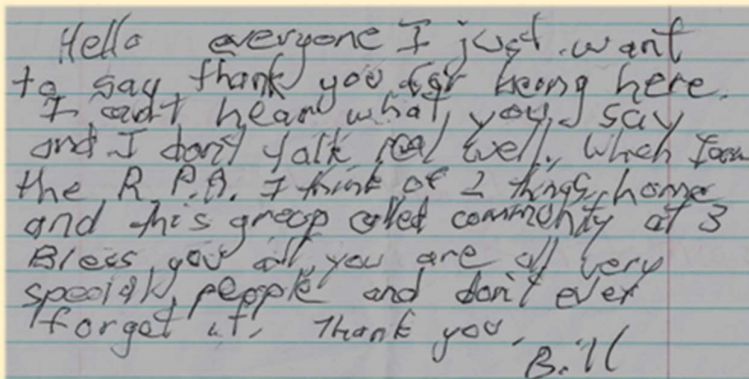
## WE LOVE YOU BILL

Bill, his wife Raelene and son Jake have been very much a part of the Community at 3 "family" for a number of years. Bill suffers from a rare disease, "Neurofibromatosis", which causes tumours on nerves in his brain. Since 1988 Bill has had 4 operations to remove tumours, resulting in loss of balance, foot drop and deafness. But Bill has such a positive and passionate attitude to life, mainly he says, because of



Raelene! And Bill, a keen Landcare worker, is also a published poet. You can get his book of poems "life in the Mud Puddle" for a mere \$10 from Community at 3. The cochlear implant Bill had last year hadn't worked well and he hasn't

been able to hear for a while, however, he recently attended RPA (Royal Prince Albert Hospital, Sydney) and had a new cochlear implant which will soon make Bill's life so much better once he can hear again. Below is a note Bill penned whilst in RPA, and indicates the warm and loving man that is Our Mate Bill. Everyone at Community at 3 is inspired by you and your joy of life, Bill, despite difficult circumstances. God bless you too, Bill.



The text of what Bill wrote...

"..Hello everyone. I just want to say thank you for being here. I can't hear what you say, and I don't talk real well. When I am at the RPA, I think of 2 things: home and this group called Community at 3.

Bless you all – you are all very special people and don't ever forget it. Thank you, Bill..."



Before you hold a grudge  
hold a conversation. It may  
be the result of a  
misunderstanding.



Together in Community  
Glenn Maas, Secretary



Thank  
You!

Should you wish to make a donation...  
our bank details are..

BSB: 932-000 Account No: 500 187 503

(Please advise email address if tax deductible receipt required)....alternatively you can go online and donate via **PayPal** or by **Direct Deposit**

<https://communityat3.org.au/donate/>

..or use QR code

