



Camden Haven Community at 3 Inc. ABN 79 652 261 007

A helping hand for those in need in our community

"..Whatever you did for one of the least of these brothers and sisters of mine, you did for me." (Jesus – Matthew 25:40)

Edition	YOUR NEWSLETTER
67	Need help? Call 0419-370 076 or at Comboyne call Ray (0427-117950)
June	We meet every Wednesday from 2.30pm for a FREE MEAL
2026	at the Kew Country Club, 185 Kendall Rd, Kew – all are welcome

2 Mission Terrace, Lakewood NSW 2443 PO Box 103, Laurieton NSW 2443 ✉ communityat3pm@gmail.com

☎ 0419-370076 🌐 communityat3.org.au 📺 <https://www.facebook.com/communityat3/>

Committee Members: Theo Hazelgrove (Chairman), Alan Kilminster, Fran Burns, Glenn Maas, Ann Macinante, Marja Collins, Tom Witte, Doug Pope, Robyn L'Huillier, Cheryl Buttsworth, Ross McKay, Brian Giles-Browne, Nathan Killick (Public Officer & Chaplain) and Dr Sam Nelapati, Staffan Andler, Rob Dwyer MP, Chantelle Ansell & Dean Noble (our 5 Patrons)

We pay our respects to the original custodians, the Biripi People, and elders past and present, on whose land we walk, work and live.

THANK YOU KENDALL COMMUNITY OP SHOP



Without any application, Community at 3 has received a Charity Grant from the **Kendall Community Op Shop**. Thank you so much for the continued support of our charity, and also of the many other worthy volunteer groups in the Camden Haven area.



[our Grants coordinator Ian Keast with the grant certificate]

LIFESTYLE GROUP NORTH HAVEN SUPPORTS COMMUNITY at 3

Following the visit by **Jess & Elle** from Lifestyle (see item on next page), Licensed Real Estate Agent **Stewart O'Brien** has offered his support to Community at 3 by donating an amount from each of his sales, and **Lifestyle Group North Haven** will match his donation. THANK YOU Stewart and Lifestyle Group for this most generous ongoing support for the work we do in the Camden Haven community to assist those in greatest need. You have joined a large number of local business supporters, whom we value greatly.

Lifestyle.



Stewart O'Brien

VERY APPRECIATIVE

Recently a lady recommended some friends doing it tough to come to our free Wednesday Gathering.

This is what she wrote to us:

"...My friend messaged me and said how you helped them today. They enjoyed the food, live music and the supplies they took home. Thank you so much. My friend's husband is elderly and in and out of hospital for the last 3 months. She works with me but hardly earns enough for their rent, food and bills. I'm sure your help will mean a lot to her. My other friend is awaiting surgery (some form of cancer) and that will be in Sydney. It was supposed to be several weeks ago but the hospital cancelled it, so she is waiting for another call from the hospital. Community at 3 organisation is wonderful. God bless you all. Again, thank you for assisting my friends .."

KNOW SOMEONE IN NEED OR LONELY?

Consider telling them about our free weekly BBQ Gathering & Meal (details above)

BUT... don't just *tell* them about us.

BRING THEM ALONG – YOU ARE WELCOME TOO



"SOCIAL YARNS" is a local community knitting and crocheting group, creating items such as rugs, beanies, scarves, and slippers to donate to those in need.



Community at 3 has been a grateful beneficiary of large quantities of their handmade items.

THANK YOU
"SOCIAL YARNS"

WE DO OUR BEST

We assist many people each week living in dire situations. Sadly, there are many who are unable to make the necessary lifestyle changes to move out of their cycle of difficulty. Alcohol, cigarettes, gambling and drugs are the curses preventing them living their best lives. But we're still here for them too.



JESS & ELLE OFFER SUPPORT

Jess & Elle from **Lifestyle Group North Haven** dropped in to advise that they wish to support for the work of Community at 3 by donating non-perishable food items to Community @ 3 through their local **Lifestyle** group offices. **THANK YOU** so much girls. It is wonderful how much support comes locally.

LEARNING HOW TO HELP MORE

22 Volunteers recently completed a Lifeline 1-day Accidental Counsellor Foundations workshop designed to better equip us to know how better to help those in need in our community. That does not mean we are now professional counsellors – simply willing Volunteers who come alongside people seeking help and use knowledge gained to better recognise how to help them ourselves or when to refer them to professionals.

WE ALWAYS HAVE HOPE FOR EVERYONE (names changed for privacy)

- ✚ **Jeff - homeless** – had been sleeping out for many years - no phone – Theo spent some time with Jeff to discuss where his family is and what we can do to assist him, and after some time, he agreed that Theo call his parents in South West Rocks. The great news was that they agreed for him to come home although they hadn't seen or heard from him for many years. The condition was though, that Theo personally take him there. So, Theo agreed to do that and drove immediately to South West Rocks and reunited Jeff with his mother and father. We gave Jeff a voucher for \$100 that he could buy some food and give to his parents to help them and maybe create a good impression that he was willing to make a change in his life. Theo also gave him clothes as well as other food from our pantry. A very successful reunion.
- ✚ **Jenny – homeless** -Theo received a call from the Neighbourhood Centre indicating a lady, Jenny, was in a very poor physical condition at the front of Coles. Theo could see she was in very bad condition, and is always reluctant to take a lady in the car with him alone, however, he saw a lady nearby whom he knew, and she agreed to accompany them to the Medical Centre. The doctor who saw her said she had to go to hospital immediately and tried to get her into Port Macquarie Hospital, however, they said that they could not help her there and she needed to go to John Hunter Hospital in Newcastle. Further, she was told that she wasn't critical enough for the ambulance to take her. Theo immediately called two of our "Driver Volunteers" who came and took her to Newcastle immediately, where after further consultation she had an operation at 3 pm that afternoon. We understand she is doing ok. The next step is for us to try and find her family. We also organised the Grainery Church in Newcastle to follow her up and see what they can do to help her.

"Try to be a rainbow in someone's cloud"



Together in Community
Glenn Maas, Editor



Thank You!

Should you wish to make a donation....
our bank details are..

BSB: 932-000 Account No: 500 187 503

(Please advise email address if tax deductible receipt required)....alternatively you can go online and donate via **PayPal** or by **Direct Deposit**

<https://communityat3.org.au/donate/>

..or use QR code

